

Coulee Region Hunger 5K Walk/Run/Bike(virtual) Pledge Sheet



“We walk with our neighbors to end hunger!”

In-Person: Sunday, October 13, 2024, 1:30 PM at Main Shelter, Myrick Park

Virtual: October 6-13, 2024 (email us for address)

Funds will be distributed as follows:

25% to Hunger Task Force, 25% to WAFER Food Pantry, and you choose where 50% is donated!

Your 50% to (pick one): Bethel Butikk, Bread for the World, Catholic Charities, Catholic Relief Services, Church World Services, Couleecap, ELCA World Hunger, Holmen Area Food Pantry, Hunger Task Force, La Crescent Food Shelf, La Crosse Warming Center, Lutheran World Relief, North Presbyterian Free Little Food Pantry, Onalaska/Holmen Food Basket, Place of Grace, Salvation Army Food Pantry, School District of Holmen, School District of La Crosse, School District of Onalaska, School District of West Salem, Trinity United Church of Christ Food Pantry, UWL Food Pantry, Viterbo Food Pantry, WAFER, Western Food Pantry

**** Register your individual or team name now at: couleeregionhungerwalk.org ****

Participant Name: _____ Phone Number: _____

Email: _____

Team Name (if applicable) _____

<u>Donor's Name</u>	<u>Donation Amount</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____

\$ _____

Total checks and cash

We walk to raise money for people who are going hungry, so we ask for a minimum of \$20 in pledges.

Statement of Consent (In-Person Walk/Run): I understand the risks involved in participating in the Coulee Region Hunger Walk/Run and willingly accept these risks. I attest that I am physically fit and prepared for this event. I grant permission for the organizers to use photographs and images and quotations from me in accounts and promotions of the Coulee Region Hunger Walk/Run.

Signature _____

Parent or guardian signature if under 18 years of age.

Questions? (608) 385-5422 couleeregionhungerwalk@gmail.com